



August 2026

Bay County Department on Aging – (989) 895-4100

HDM/CONGREGATE MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(3) Please see the website or Facebook page for menu items during our kitchen remodel.	(4) Please see the website or Facebook page for menu items during our kitchen remodel.	(5) Please see the website or Facebook page for menu items during our kitchen remodel.	(6) Please see the website or Facebook page for menu items during our kitchen remodel.	(7) Please see the website or Facebook page for menu items during our kitchen remodel.
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(17) POLLACK BITES (25) Tator Tots (15) Cauliflower (4) Pear (23)	(18) CLASSIC HAMBURGER (0) WHEAT BUN (25) Waffle Fries (20) Broccoli (4) Banana (27)	(19) SAUERKRAUT w/DICED PORK (4) Parsley Potatoes (13) Cali Blend Veggies (4) Peach (16)	(20) BAKED TURKEY (3) Mashed Potatoes (17) w/Gravy (2) Green Beans (5) Garlic Knots (18) Jello (24)	(21) ALMOND MANDARIN SALAD (37) Carrot Sticks (12) Orange Juice (13)
(24) BREADED FISH (24) Cheesy Potatoes (14) Mixed Veggies (11) Mandarin Oranges/ Pineapple Chunks (20)	(25) ASIAN CHICKEN (30) Brown Rice (16) Spring Rolls (14) Applesauce (22) Peanut Butter Cookie (20)	(26) ITALIAN STEAK SANDWICH (4) Whole Wheat Hamburger Bun (25) Baked Potato (24) Green/Yellow Beans (6) Orange Juice (13)	(27) MARINATED CHICKEN BREAST (1) Baked Potato (18) Broccoli Florets (4) Banana Pudding (25)	(28) HOT DOG (1) WITH CONEY SAUCE (6) Whole Wheat Bun (19) Baked Potato (33) Peas w/Onions (12) Pear (23)
(31) BAKED PORK CHOP/Mushroom Gravy (7) Cali Blend Veggies (4) Peach (16) Snickerdoodle (25)				

All meals at the Activity Centers served with Fat-Free Milk (13). Number next to the menu item indicates carbohydrate count.

Be advised menu items may contain nuts.

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